

### **Lakehurst Basketball Physicals and Tryouts**

In order to be eligible to tryout for basketball, students must have a current sports physical and cannot have 2 D's or 1 F on the first marking period report card. The sport physical must be completed on the school's sport physical form. This document can be found on the Athletics Page on the Lakehurst Elementary School website. You may make an appointment with our school doctor at his office and receive a free physical. His contact information is listed below:

- Dr. Robert T Simon  
20 Hospital Drive, #8  
Toms River, NJ 08755  
(732)281-0530

Students will be bussed from Manchester Middle School and dropped off at Lakehurst Elementary School for tryouts and practices. Practices will be held on Tuesday and Wednesday for the girls and Monday and Thursday for the boys from 2:30 p.m. - 4:00 p.m. You are encouraged to pick up your child from practice as there will be no crossing guards on duty.

- Girls' Tryouts will be held on Tuesday, December 11 and practices will begin Wednesday, December 12
- Boys' Tryouts will be held on Monday, December 10 and practices will begin Thursday, December 13

**LAKEHURST ELEMENTARY SCHOOL  
INTERSCHOLASTIC BASKETBALL  
PERMISSION SLIP**

I hereby give my son/daughter, \_\_\_\_\_, permission to try out / participate in the Interscholastic Basketball Program. Students who make the team must be able to practice from approximately 2:30 p.m. to 4:00 p.m. Monday - Thursday. **Students will be bussed from Manchester Middle School and dropped off at Lakehurst Elementary school for practice. Please be advised that crossing guards will not be on duty. We strongly recommend parents/guardians to pick up their child from practice.** The basketball season will begin December 10, 2018 and continue through mid February 2019.

We are asking for your support in providing positive role-modeling for our student-athletes. The involvement of our students in athletics contributes to the development of their character.

We have made a commitment to promote good sportsmanship by student-athletes, coaches and spectators at all athletic events. Profanity, degrading remarks, and intimidating actions directed at officials or competitors will not be tolerated and are grounds for removal from the event site. Thank you for your cooperation in the promotion of good sportsmanship. The following are the expectations of athletes, parents/guardians and fans of our student athletes:

- ***Understand the purpose of educational athletics. School sports are about kids learning and having fun.***  
***The benefits go beyond the final score of the contest.***
- ***Encourage and respect all student athletes (including opponents).***
- ***Allow coaching and training staff to attend to the needs of student-athletes.***
- ***Accept all decisions of officials.***
- ***Develop and maintain a sense of dignity under all circumstances.***

The Board of Education carries insurance that covers sports and extracurricular activities. However, your own medical plan is the primary insurance. It is understood that all reasonable care will be taken for the safety of all participants. All students must adhere to the Student Code of Conduct, and will be held accountable for their behaviors and actions.

All criteria outlined in Board Policies 5570 (Sportsmanship) and 2431 (Athletic Competition) will be in force for this program. Your signature below acknowledges you have read the board policies on the athletics page of the Lakehurst Elementary School website.

**HEALTH INSURANCE COMPANY:**

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**POLICY/ID NUMBER:**

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**Date**

**Signature of Parent or Guardian**

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