



# HIGH SCHOOL CHEERLEADING TRYOUTS

Tryout Date April 12<sup>th</sup> 6:00-8:00pm

April 13<sup>th</sup> 8:00am-10:00am

Where : High School Gymnasium.

Please dress appropriately and wear plain black tee shirt, black shorts and sneakers

Email Coach Wolfman or Coach Ferrone



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# Manchester Twp. High School Cheerleading

COME SEE US AT THE FRESHMAN ORIENTATION ON MARCH 26 AT THE HIGH SCHOOL

## What can I expect from tryouts?

- Tryouts will be held for 2 days in the High School Gymnasium April 12th from 6:00-8:00 p.m. and April 13<sup>th</sup> from 8:00-10:30 am.
- Do NOT bring any friends or family members to tryouts...Only those trying out for the team will be permitted to enter the gym
- You will be given a tryout evaluation form to accurately evaluate your skills
- A short dance and cheer will be taught to evaluate motion technique and performance presence
- Jumps, Tumbling, and stunts will also be evaluated at tryouts
- On Saturday you will be notified if you were selected as a member of the Cheerleading program
- The **competition teams** will be selected based on a variety of skills including stunting and tumbling abilities!

## What are the “coaches looking for?”

- Girls with near perfect school and practice attendance!!!
- Girls in good academic standing with positive teacher recommendations.
- Positive attitudes and personalities!
- Tumbling skills are STRONGLY recommended but not required
- Stunting skills are strongly taken into consideration when selecting girls for both the game and competition teams.

## What can I expect if I make the high school cheerleading squad?

- “Off-Season” practices- practices will begin in May and will continue through August! (EARLY mornings in the summer!!!)
- Attendance at summer camp (August 17th-20th)
- Planned family vacations during the summer ARE excused absences. Excessive vacations will affect your position in the program. Vacations during the competition season that conflict with the schedule are not permitted.
- During the school year we will practice 4-5 days and cheer 1 game a week (this includes travel to away night games during the football season)
- All games/practices are 100% mandatory during the school year.
- We will have national and local competitive teams. Preparations and choreography for both competition routines will begin as early as June/July...
- Varsity Competition teams will travel to Nationals in Orlando Florida Feb 5th-10th 2020

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT COACH FERRONE OR COACH WOLFMAN  
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