



*Lakehurst Elementary School
Mary Ellen Hess, R.N.
Certified School Nurse*



September 6, 2018

Dear Parents/Guardians:

As a new school year begins, I would like to inform you of the many health services offered to your children at Lakehurst Elementary School.

Every child will have their vision and hearing screened. If I find your child has a problem I will notify you at once. Also, I am available to check vision and hearing at any time during the school year. Please notify me if you would like your child retested. I will also weigh and measure your child every year. This enables me to observe your child's growth patterns.

As required by law, a screening for Scoliosis will be done on all children 10 years old and older. Scoliosis is a curving of the spine that most often occurs during periods of rapid growth. This screening is very simple, but important. If you do not want me to do a Scoliosis screening on your child, you must notify me in writing. If you have any questions about this exam, please feel free to contact me.

Students in grades 2, 5, and 8, *who do not have their own doctor*, may have a brief, free physical by our school physician, Dr. Robert Simon. I will send home permission slips to be signed by you when the physical dates have been scheduled.

By working together, we will be able to keep your children in their top physical form and promote a safe and healthy school environment for everyone!

Sincerely,

Mary Ellen Hess, R.N., B.S.N.
Certified School Nurse