

Ocean Mental Health Services

wants you
to know
it's OK
to ask for
help —
Reach Out!

732-575-1111 • (877) 621-0445

Access Center

- Our Access Center provides all Mental Health Services needed

Please call **732-575-1111**
or Toll Free **877-621-0445**

Recovery Services

- Ocean Mental Health Services provides Substance Abuse and Co-Occurring mental health disorders.
848-224-4897

Crisis Stabilization

- Rapid assessments of clients.
- Linkage to stabilization services for individuals with mental illness and or addiction.
609-597-5327 option 2

Ocean Crest

- Provides access to short term recovery-oriented crisis interventions and Stabilization services for persons with mental illness.
732-349-5550

May is
Mental
Health
Awareness
Month!
Please
Reach Out!

Ocean Mental Health Services

www.OceanMHS.org
160 Route 9, Bayville, N.J. 08721

