

# 10 Reasons To Get Involved at School



**1** **Volunteering makes a big difference.** Research consistently shows that kids whose parents are involved in their schools do better.

**2** **Volunteering offers tangible ways to be part of things.** Sometimes we might mean well, but our busy lives get in the way of committing. Joining a parent group will provide concrete ways to get involved, whether at events, in the classroom, or on a committee.

**3** **It feels great to participate!** Your child spends a lot of time at school, and it's great to share some of her school-related experiences with her.

**4** **You'll get to know other parents.** It's powerful to create a circle of adult friends around a school, and having a shared interest is a good place to start. What's more, it can help foster connections between families in your community.

**5** **Your help is always needed.** Whether it's helping run the next big event or providing support in the classroom, there are always ways to pitch in.

**6** **It's a manageable commitment.** Volunteering can seem daunting, but it doesn't have to be. Spend an hour at a bingo night or talent show, and your efforts will be appreciated. And remember, it's always OK to say no when you're busy.

**7** **It's fun!** Even simple events like pizza nights and family reading nights can spice up your week.

**8** **You can tailor volunteering to play to your strengths.** Within a parent group or school community there are many ways to contribute, some of which are sure to complement your strengths, interests, or professional skills.

**9** **Have a great idea?** Volunteering gives you opportunities to get your ideas out there.

**10** **Volunteering provides another way to get to know school and support staff** to better understand their needs and ideas.