

The Ocean County YMCA is excited to welcome all incoming Ocean County 7th graders to our "7th Grade Initiative Program". The program helps youth realize their potential to become active, engaged, and thriving members of the community while focusing on The Six Pillars of Success. Guided by role models who create a safe, nurturing environment, 7th graders develop confidence, independence, self-expression, responsibility, self-control, and teamwork during their early teens which is an important nexus between child and adulthood.

The 7th Grade Initiative provides a **FREE YMCA Annual Membership** to all 7th grade Ocean County students from September 1, 2019 thru August 31, 2020. The Y membership includes an instructor led youth strength and functional training class every Tuesday or Friday evening. Participants will obtain a wristband from our trainer's office which gives them access to our newly renovated Family Activity Center with state of the art equipment, 12 lane pool for recreational swimming, open gym for basketball as well as exclusive offers on Red Cross Babysitter Training and Family Memberships.

At the Y, strengthening community is our cause. Through our focus on youth development, healthy living and social responsibility, we embrace and nurture the promise that lies in all of us.

Should you have any questions, contact Elsa DiMiele, Healthy Living Coordinator, directly at 732 341 9622 ext. 2236 or edimiele@ocymca.org.